



CHILLFACTOR™

FROZEN STRAWBERRY YOGHURT



SLUSHY MAKER RECIPE

Our easy to make strawberry frozen yogurt is intensely fruity and creamy, perfect for a simple summer sweet treat. Healthier than ice cream... but just as delicious! A tasty and refreshingly low-calorie snack –this creamy frozen yoghurt recipe is a firm family favourite, great for keeping the kids happy too!

INGREDIENTS

140g Fresh Strawberries

Half a 405g Can of Light Condensed Milk

500g Fat-free Greek Yoghurt

METHOD

STEP ONE

Roughly chop half the strawberries, whizz the rest in a food processor or use a stick blender to create a puree.

STEP TWO

In a big bowl, stir the condensed milk into the pureed strawberries then gently stir in the yoghurt until mixed. Fold through the remaining chopped strawberries.

STEP THREE

Pour the strawberry mixture a little at a time into your frozen ChillFactor Slushy Maker and squeeze until the mixture starts to freeze.

STEP FOUR

Enjoy!

CHECK OUT [THECHILLFACTOR.COM](https://www.thechillfactor.com) FOR MORE RECIPES