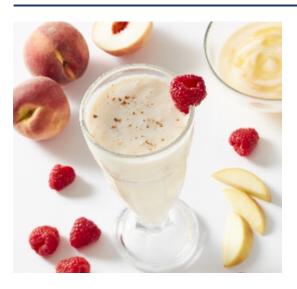


# PEACH BEACH SUMMER SPECIAL



#### **SMOOTHIE MAKER RECIPE**

[vc\_row][vc\_column][vc\_column\_text]This delicious smoothie is just peachy! Combine ripe juicy peaches with sumptuous peach yoghurt and milk to create a deliciously creamy smoothie. Add some runny honey for extra sweetness and grate nutmeg for an added flavour

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## INGREDIENTS

1/2 a fresh ripe peach diced into 1/2 inch cubes

120ml (small pot) Peach Yoghurt or Plain if preferred

100ml Fresh Full Fat Milk

2 Teaspoons of Honey

Nutmeg (Optional)

### **METHOD**

#### **STEP ONE**

Peel and slice peach into small pieces

#### **STEP TWO**

Place peach, milk, yoghurt and honey into the Smoothie Maker

#### **STEP THREE**

Blend until smooth

#### **STEP FOUR**

Add honey and Nutmeg to taste

#### **STEP FIVE**

Pour into glasses

#### **STEP SIX**

Decorate with peach or raspberry pieces