



BANANA SPRINKLE DELIGHT



3-IN-1 FRUIT FACTORY RECIPE

[vc_row][vc_column][vc_column_text]Add extra bite to this delicious banana and cream delight by adding in sprinkles. For even more texture roll your finished lolly creation in extra sprinkles for a truly fabulous and colourful finish[/vc_column_text][vc_column][vc_row]

INGREDIENTS

1 Ripe Banana diced into 1.2cm cubes

60ml Vanilla or Plain Yoghurt

100ml Milk

4 teaspoons of sprinkles (if making ice lollies)

METHOD

STEP ONE

Peel and chop the banana into small pieces

STEP TWO

If making a smoothie place the banana into the fridge until cooled

STEP THREE

Place the chopped banana into the mixing jug and add the yoghurt and milk

STEP FOUR

Blend until you have achieved the required consistency

STEP FIVE

If making a Smoothie, blend until smooth then pour in a glass and enjoy

STEP SIX

If you would like to make ice lollies, blend to a rough consistency then place a teaspoon of sprinkles into each of the moulds. Pour the mixture into the moulds and gently stir. Ask an adult to place into the freezer and leave until completely frozen

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